

## Executive Coaching

Find the best in yourself and your team. Executive Coaching enables positive, purposeful and pragmatic development as well as building on stability and strength. It helps to unlock potential through professional and evidence based methodologies.

Gram Consulting Group uses solution focused coaching from coaching psychology as well as tools from a variety of sources including the latest scientific research and academic studies on human behaviour, workplace culture and performance. The use of self-evaluation and other feedback tools may be utilised if required.

Coaching is a goal focused collaboration that assists the coachee to identify their full potential. This is achieved through an adult learning framework in an open environment that aims to encourage solutions and growth.

"Margie is the best coach and facilitator I've worked with for the simple fact that her methods are grounded in science and her approach really helps to embed new behaviours. She's cracked some of the toughest nuts, no matter the seniority or even their resistance to change. More than anything she's become the little voice on my shoulder that brings me back to my core... she's egoless, intelligent, thoughtful and connected."

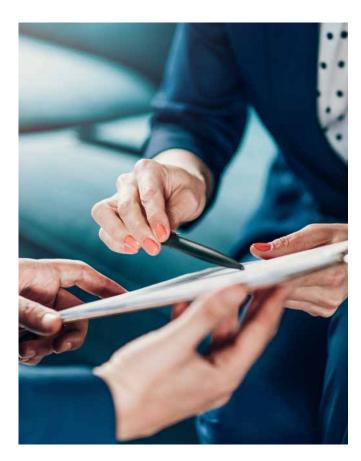
- Di Everett, General Manager, Brand and Social, CBA



"...has an unique ability to facilitate discovery in every coaching session. I learned an awful lot about myself and what was really important to me and this resulted in clear actions that absolutely changed my life."

- General Manager, insurance





## **Outcomes:**

- Improved leadership skills, behaviours and mindset
- More advanced communications skills
- The ability to think strategically in terms of outcomes and capability to deliver those outcomes
- The ability to maximise goal setting skills to
- priorities and manage time more effectively • Improved self-knowledge
- Increased knowledge and insights into themselves and their organisation which allows them to become more flexible and versatile

## **Duration**:

One on one coaching is provided in sets of 6, 8 or 10 sessions and delivered on a fortnightly rhythm. For clients looking for more ongoing support, we offer monthly retainer packages.

The community of executive coaches at Gram have an average of 12 years executive coaching experience.